

Experts in nutrition and weight management



3Q16 Results

31 October 2016



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"Focus on the Sales department as the foundation for boosting our sales, which continue to grow at a significant rate (+3.4% vs 3Q15)"

2,238 centres, 44 more than the guidance forecast for 2016.

Sales continue to develop at a significant pace, boosted by the positive behaviour of the 4 main countries and especially Italy and Poland.

Net profit up 1% to €18.85 million.

Net cash position of €17.5m, after paying out €16.95m in dividends in 2016.

We are extending the commitment to maintaining the EBITDA margin between 30% and 35% and the payout ratio above 80% to 2017.

	3Q15	3Q16	%
Sales	74.121	76.614	3,4%
EBITDA	27.004	27.063	0,2%
EBITDA Margin	36,4%	35,3%	
Net Income	18.665	18.850	1,0%
Centres	2.123*	2.238	115
Countries	29*	32**	3
Net Cash Position	* 14.940	17.484	17,0%

In Thousand of euros

* As of end 2015

** Malta, Hungary & india masterfranchises



□ Sales increased by 3.4% to €76.6m, maintaining the growth rate registered to June 2016, given that the 4 main countries continue to show positive growth rates. This improvement in revenues is down to:

- ✓ The company's increased efforts in the Sales and Marketing departments, which have been provided with increased resources in 3Q16.
- ✓ The strategy of entering shopping centres, which increases visibility for our business. They are also a showcase for new franchisees and customers.
- The positive rate for centre openings, with the numbers once again highlighting how attractive our franchises are and the potential of our brand.

In terms of centre type, sales to franchises continue to grow. Meanwhile, sales from directly-owned stores have increased slightly for this first time this year, due to the progress shown by this centre type in Italy and France.

Gross margin stood at 70.6%, slightly higher than the figure for the same period last year.

□ EBITDA stands at €27.06m, slightly higher than the amount registered for the same period last year (0.22%). EBITDA in 3Q16 was affected by:

- ✓ Increased rental expenditure from our heightened presence in shopping centres in the Group's main countries.
- \checkmark The sales department has been strengthened with senior profiles who joined in 3Q16.
- ✓ Increased expenditure in advertising in 3Q16 vs 3Q15.
- ✓ Logistics outsourcing in Spain from 1 July, which has led to non-recurring costs of €0.18m.
- \checkmark The negative effect of EBITDA figures in new markets, especially USA .

EBITDA margin of 35.3%, once again higher than the industry average and in the upper part of the guidance for 2015-16.

□ Net income stands at €18.85m, 1% above the amount registered in 3Q15. As shown in the results for 1H16, Ichem's contribution is lower than in 3Q15, due to an adjustment in the estimate made for 2015 as a whole.

New record for centre numbers (2,238 vs 2,123 at end 2015), after opening 24 centres in 3Q16 and 115 so far this year (44 more than the amount stated in the guidance for 2015-16). Once again, openings in France (+37) and Poland (+56) stand out. Italy has grown once again in centre numbers (+19) and Spain loses 14 centres as a result of unsatisfactory centre openings in some regions, which offset the positive growth in the central and northern regions. We remain optimistic about reversing this trend in the Spanish market over the forthcoming quarters.

□ 3Q16 ended with a net cash position of €17.5m after paying out €16.95m in dividends and reducing the financial debt by €1.6m (-33,7% vs end 2015). These figures once again highlight the company's cash generation ability and its clear commitment to maximising shareholder remuneration.

The company commits to maintaining the payout above 80% in 2017, while also maintaining the EBITDA margin within the 30-35% range.



3Q15	3Q16	Growth (%)
74.121	76.614	3,4%
-21.839	-22.502	3,0%
52.283	54.111	3,5%
70,5%	70,6%	
-13.626	-13.936	2,3%
-12.062	-13.429	11,3%
410	317	-22,6%
27.004	27.063	0,2%
36,4%	35,3%	
-1.032	-1.102	6,7%
25.972	25.962	0,0%
35,0%	33,9%	-1%
-63	102	ns
745	648	-13,0%
26.654	26.712	0,2%
-8.065	-7.872	-2,4%
76	11	-85,4%
18.665	18.850	1,0%
25,2%	24,6%	
	74.121 -21.839 52.283 70,5% -13.626 -12.062 410 27.004 36,4% -1.032 25.972 35,0% -63 745 26.654 -8.065 76 18.665	74.121 76.614 -21.839 -22.502 52.283 54.111 70,5% 70,6% -13.626 -13.936 -12.062 -13.429 410 317 27.004 27.063 36,4% 35,3% -1.032 -1.102 25.972 25.962 35,0% 33,9% -63 102 745 648 26.654 26.712 -8.065 -7.872 76 11 18.665 18.850

In thousands of euros



Positive growth of the international division (+4.1% vs 3Q15) Spain continues to show a positive evolution in sales

France:

Sales according to country

	3Q15	3Q16	Growth (%)
France	31.870	31.968	0,3%
Spain	14.971	15.057	0,6%
Italy	16.778	17.627	5,1%
Poland	8.459	9.962	17,8%
Rest	2.043	1.999	-2,2%
Total	74.121	76.614	3,4%
International Segment	59.150	61.556	4,1%
In thousands of euros			

✓ A slow-down in growth due to a weak July. Sales climbed back up again in August and September.
✓ Sales and marketing departments strengthened to push sales. Focus on capturing new customers and implementing a customer recovery campaign.

✓ We continue to see interest from potential new franchisees.

✓ Spain:

 \checkmark 3Q16 has been affected by the change in logistics operator at the beginning of July, which led to franchisees having an increased amount of stock in June, with the subsequent impact on sales.

 \checkmark Furthermore, even though the biggest areas in Spain are showing sustained growth, there are others (such as the southern region) where recovery is slower.

✓ Increased sales with fewer centres (-11 vs end 3Q15)

 \checkmark We remain optimistic about Spain's recovery in 2016. We hope to see a recovery in centre numbers in the coming quarters.

Italy:

 \checkmark Sales growth continues to increase this quarter once again, due to improved sales by franchises and directly-owned stores.

 \checkmark Positive growth in Italy highlights that the measures undertaken by the company to boost sales (directly-owned stores in shopping centres and strengthening the sales and marketing departments) are the right ones.

Poland:

✓ Poland will continue to be one of the Group's growth drivers.

 \checkmark The market, once again, has shown excellent development in sales (+17.8% vs 3Q15) thanks to further new centre openings (+56 vs end 2015).

Rest:

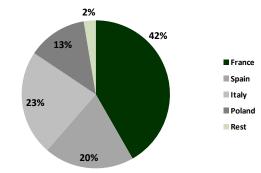
✓ United Kingdom: We expect to open the 2nd store in the coming months.

 \checkmark Germany: 3rd directly-owned store opened and a country manager has been recruited to drive the business' growth.

✓ USA: 2nd store opened in a Miami shopping mall, as forecast.

✓ Master franchises: negotiating with new countries.

Contribution of sales according to country



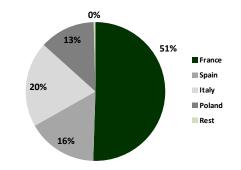


Focus on boosting sales, strengthening the sales department (*human resources and advertising*) and outsourcing some services in order to provide the company with greater security and flexibility

	3Q15	3Q16	Growth (%)
France	14.065	13.778	-2,0%
Spain	4.418	4.443	0,6%
Italy	5.586	5.436	-2,7%
Poland	2.957	3.516	18,9%
Rest	-21	-110	-423,8%
TOTAL	27.005	27.063	0,22%
International Seg	22.587	22.620	0,1%

EBITDA according to country

EBITDA contribution according to country



In Thousands of euros

EBITDA stands at €27.06m, slightly more than the amount obtained in the same period in 2015.

□ France: EBITDA falls -2% due to increased advertising spend in 3Q16 vs 3Q15 and the weakness of the business in July. Sales performance in France in August and September was higher than the figure registered to the end of June 2016.

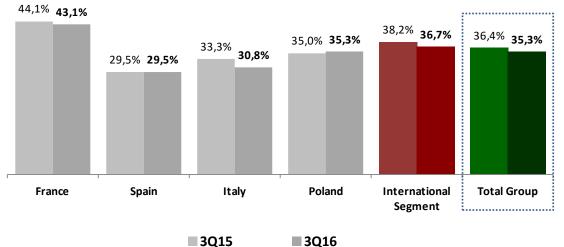
EBITDA in Spain is increasing in line with sales, in spite of having been affected by non-recurring costs arising from outsourcing the logistics service. Without these costs, EBITDA would have increased by +4.6%.

EBITDA performance in Italy is still affected by increased rental costs, the adjustment from the reassigning of corporate expenses and especially by an advertising campaign undertaken in 3Q16, which cost more than the amount spent on advertising in 3Q15.

□Positive EBITDA performance in Poland (+18.9%), which is evolving at a higher rate than sales.



EBITDA margin of 35.3%, above average for the industry and above the upper threshold of the guidance for 2015-16 (30%-35%). We are also maintaining our commitment to keeping the EBITDA margin within the 30-35% range in 2017.



EBITDA Margin according to country

France maintains its EBITDA margin at a high level, in spite of it falling slightly vs 3Q15, mainly due to the aforementioned negative effect of July and increased expenditure on advertising and marketing compared to the figure for 3Q15.

The EBITDA margin in Spain stands at 29.5%, in line with amount registered for the same period last year, in spite of non-recurring costs arising from outsourcing the logistics service.

A fall in the EBITDA margin in Italy, due to increased rental expenses, the effect of reassigning corporate costs and increased expenditure on advertising and marketing in 3Q16 vs 3Q15.

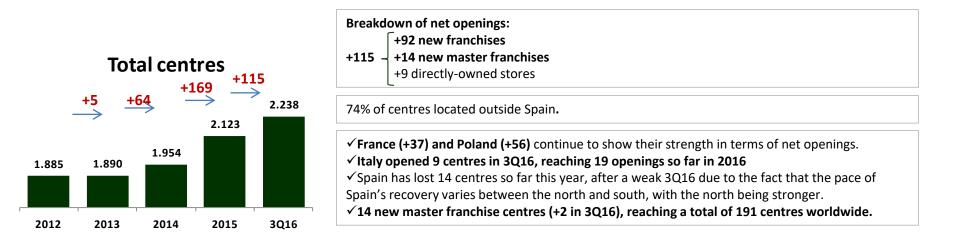
Improved EBITDA margin in Poland, due to an increase in sales (+28% in 3Q16 alone).



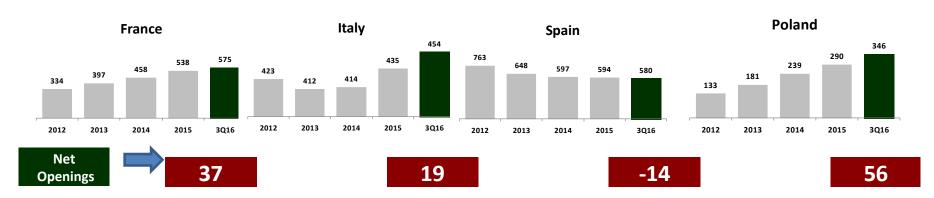
2,238 centres, <u>44 centres more than the guidance for the whole year</u>

+24 net openings in 3Q16, and 115 at end 3Q16

We continue to grow thanks to the opening of new franchises/master franchises (+106 vs 9 directly-owned stores)

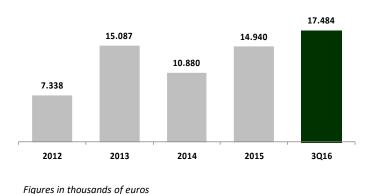


1,875 centres are franchises, 172 are directly-owned centres and 191 are master franchises

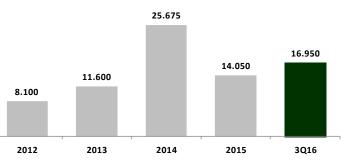




We extend our commitment to maintaining our payout above 80% in 2017



Net cash position



Dividends

□Our net cash position at the end of 3Q16 stands at €17.5m, which is a 17% increase vs the amount at the end of 2015. It is important to highlight that this amount was obtained after having paid out €16.95m in dividends.

The dividends paid out in 2016 once again highlight the company's cash generation ability and its clear commitment to maximising shareholder remuneration.

□ The company maintains its commitment to providing a payout of more than 80% in 2017.

Figures in thousands of euros Note 1: Data from 2012, 2013 and 2014 include SAS Naturhouse in all periods

	2015	3Q16
Intangible assets	2.193	1.891
Property, plant & equipment	5.025	4.884
Non current financial assets	813	836
Investment in associated companies	3.140	3.205
Deferred tax assets	369	342
Non current Assets	11.540	11.158
Inventories	3.541	4.251
Trade receivables	5.542	7.146
Other current assets	876	840
Financial assets	42	42
Cash & equivalents	19.830	20.722
Current assets	29.831	33.001

TOTAL ASSETS	41.371	44.159
Equity	22.016	23.816
Non current provisions	1.044	1.296
Non current borrowings	2.930	3.228
Deferred tax liabilities	478	333
Non current liabilities	4.452	4.857
Current borrowings	1.960	10
Financial liabilities with related companies	1.445	1.445
Suppliers	4.776	4.044
Suppliers related companies	4.424	5.230
Current tax liabilities and other payables	2.298	4.757
Current liabilities	14.903	15.486
TOTAL LIABILITIES	41.371	44.159

■Net cash position of €17.5m at the end of 3Q16 after having:

✓ Reduced our gross financial debt by 34% vs end of 2015
(-€1.6m).

✓ Paid €16.95m in dividends so far in 2016.

In Thousands of euros



We continue to grow

Sales: +3.4%; €76.61m EBITDA: +0.22%; €27.06m EBITDA Margin: 35.3% vs 30-35% for 2015-16 guidance Net income: +1%; €18.85m

While the Spanish and Italian markets are recovering

Spain: +0.6% vs -9.6% in 3Q15 Italy: +5.1% vs -7% in 3Q15

After exceeding the 2015-16 guidance for net openings by 18% (+44 centres), 3 months ahead of time

2,238 centres in 30 countries (present in 32 countries) 115 openings at the end of 3Q16

And maintaining a solid balance sheet

Net cash position of €17.5m, 17% more than at the end of 2015, after paying out €16.95m in dividends.

We can maintain high dividend yield rates (5.5%)*

€0.0825/share paid on 4 May 2016. €0.20/share paid on 15 September 2016.

And be optimistic about the Group's growth over the coming quarters

Measures implemented to boost sales through the recruitment of senior sales profiles and more efficient management of advertising and marketing, adapted to the new needs of the market (focusing on online).

Outsourcing of some services in order to improve their quality and provide the Group with greater flexibility.



Material Facts for the period

- □ 20 January 2016: Net openings 2015
- □ 26 February 2016: Publication of 2015 results
- **2**6 February 2016: Publication of final dividend 2015
- 26 February 2016: The company issues its Annual Corporate Governance Report for 2015
- 26 February 2016: The company issues the Annual Report on Board Members' Remuneration for 2015
- 15 March 2016: Announcement of General Shareholders' Meeting 2016
- **1**6 March 2016: Liquidity contract 15-12-2015 to 15-3-2016
- 21 April 2016: Agreements adopted by the General Shareholders' Meeting 2016
- 22 April 2016: Publication of first quarter 2016 results
- **1**6 June 2016: Liquidity contract 15-3-2015 to 15-6-2016
- **20** July 2016: Net openings 1H16
- **26** July 2016: Publication of 1H16 results
- **26** July 2016: Publication of interim dividend 2016
- **26** July 2016: Changes in the Board of Directors
- **16** September 2016: Liquidity contract: 15-6-2016 to 15-9-2016



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