

COMISIÓN NACIONAL DEL MERCADO DE VALORES

CALLE EDISON, № 4

28006 MADRID

Madrid, July 30th 2019

Subject: Communication of a Material Fact.

Dear Sirs,

We hereby notify you that the Board of Directors of Naturhouse Health, S.A. ("Naturhouse"), which met on 29th of July, has agreed the appointment of Pablo Viaño as Managing International Director of Naturhouse Health S.A. The aim of said confirmation, which has been granted with the favourable report of the Appointments and Remuneration Committee, is to bolster Naturhouse and boost growth over the coming years.

Before joining Naturhouse, Pablo Viaño has developed his professional career during the past 22 years in DIA, mainly as Managing Director of Master franchise Development & Expansion, and Managing America's Director of the Group. Pablo Viaño has a degree in Law and Management and has completed an International Program in Management Development at San Telmo's International Institute. He speaks Spanish, English, French and Portuguese.

This information is provided for the purposes of the terms set forth in article 225 of the Consolidated Text of the Securities Market Law and related regulations.

Please do not hesitate to contact us should you require any further clarification or information.

Yours faithfully,

Naturhouse Health, S.A.

Signed: Hugo Campillo